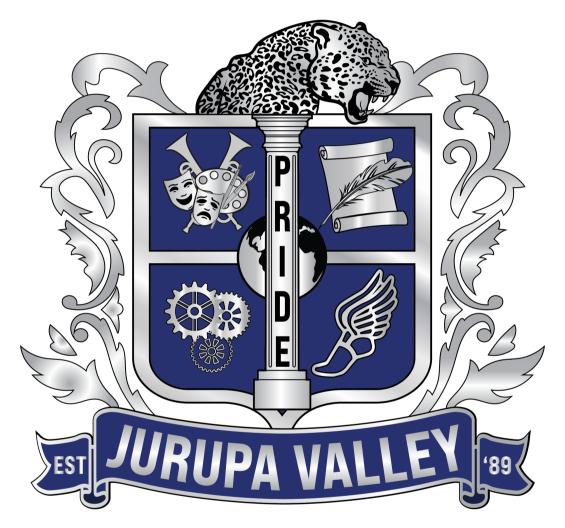
ATHLETIC CODE OF CONDUCT



2023-2024

Dear Parents and Student-Athletes,

This information is presented to you because you and your child has indicated a desire to participate in Jurupa Valley High School (JVHS) Athletics. Your family's interest in this phase of our school program is gratifying. We believe that participation in sports provides a wealth of **opportunities and experiences that enhance students' education.**

A properly controlled, well-organized sports program promotes the educational development of all students and meets their need for self-expression, mental alertness, and physical growth. It is our intent to maintain a program that is sound in purpose and will further each student's educational **maturity**.

When you and your child sign up for our athletic program, your family is committing to certain responsibilities. The program is governed by the regulations established by the Jurupa Unified School District as well as CIF. Additional, league, district and school procedures have been established to protect and guide student-athletes. This handbook will acquaint you with some of the specific policies that are part of our well-organized athletics program.

Jurupa Valley High School is a member of the California Interscholastic Federation competing in Division 5-6 in the Southern Section - Mountain Valley League, California Citrus Belt .

Best of luck this season.

Sincerely,

Ric Slage

Athletic Director



Principles of the JVHS Athletics Program.

Participation in the athletics program at Jurupa Valley High School is a **privilege**. This participation should elicit great pride among all school community members. Part of the responsibility that goes with participation in school sports is the need to maintain satisfactory standards of behavior. This handbook clearly defines the standards for student-athlete behavior. It is the responsibility of each student-athlete and his/her/their parents to be familiar with the contents of this handbook.

The JVHS Athletics Program:

- Recognizes that the purpose of athletics is to **promote the physical, mental, moral, social, and emotional well-being** of the individual players.
- Is conducted in accordance with the letter and spirit of the **rules and regulations** of the league, CIF, state, and national athletic associations and;
- Is conducted by **adults who have adequate training** in physical education or through coaching certification programs;
- Emphasizes the proper ideals of **sportsmanship**, ethical conduct, and fair play.
- Abides by the **rules** of the game and the standards of **eligibility**.
- Encourages leadership, use of initiative, and good judgment by the players on a team.

1. Sportsmanship and Respect

Our school is committed to creating an inclusive and **diverse athletic community where all individuals feel valued and safe**. Student-athletes are expected to actively promote and uphold an environment that celebrates differences, encourages understanding, and fosters unity among teammates and competitors alike. Any incidents of discrimination, whether on the field, in the locker room, or online, should be reported to coaches, school administrators, or designated personnel for immediate investigation and resolution.

Respect for opponents, coaches, officials, and teammates is non-negotiable. Treat all individuals, regardless of race, gender, ethnicity, religion, sexual orientation/identity/expression, or any other characteristic, with fairness, dignity, and respect. Discrimination, harassment, or any form of prejudiced behavior will not be tolerated and will be subject to immediate disciplinary action.

In addition to observing regular school policies that are in effect at all times, student-athletes must display good **sportsmanship**. Refrain from language, gestures, and behavior that could reflect poorly on yourself, the team, and the school. When visiting other schools, we expect

student-athletes to dress, act and **conduct themselves with respect**. *See CIF Bluebook excerpts in the appendix for more information*.

Respect the integrity and **judgment of the officials**.

2. Inclusion and Equity

We expect student-athletes to lead and set an example for **inclusion**. We expect teams to be positive and welcoming environments for everyone.

- a. Stereotypes, Bigotry, and biased or harassing behavior have no place in our schools or on our teams.
- b. We expect students to be "upstanders" and not engage in bullying, taunting opposing team members, or demeaning other students.
- c. Student-athletes may not use any racialized language, demeaning nicknames or namecalling, including profanity, vulgar, racist, sexist, or homophobic language, obscene gestures, offensive remarks, or other actions that demean individuals or the sport in person, to the media or on any private or public social media site. The use of hate speech or hate symbols is completely unacceptable and **will not be tolerated**.
- d. Student-athletes may never engage in any type of hazing, as defined by the imposition of strenuous, dangerous, and or humiliating tasks as part of a program and/or initiation.
- e. Students must learn the attached defined terms at the end of this document. *See the appendix for terms and definitions.*

3. Commitment to Academics

Student-athletes must **prioritize their academics** above all else. Maintain good academic standing (GPA 2.0+, and minimum progress toward graduation requirements/credits), attend classes regularly and on time, complete assignments on time, and seek academic support when needed. Understand that being a student-athlete requires juggling responsibilities, and time management is essential to excel both in the classroom and on the field/court/mat/track/pool. Failure to meet academic requirements may result in probation, suspension from team activities, or removal from the team roster. *See CIF Bluebook excerpts in the appendix for more information*. Coaches and teachers will work together to ensure that student-athletes have the necessary resources to balance their commitments.

<u>4. Attendance</u>

Attendance at all practices, games, and team events is mandatory. Arrive on time and notify coaches in advance of any absence or tardiness due to valid reasons. Understand that your presence and commitment are integral to the success of the team. Regular and punctual attendance to class fosters discipline, teamwork, and a strong work ethic, traits that extend beyond the athletic field and into every aspect of life. *See "No Go" Information Flyer in the appendix for more information*.

5. Drug, Alcohol, and illegal substances

Student-athletes are strictly prohibited from the use, possession, or distribution of drugs, alcohol, or any illegal substances. Recognize that substance abuse jeopardizes not only your athletic performance but also your health and future opportunities. Any suspicion of drug or alcohol use will be taken seriously. *See Parent Handbook excerpts in the appendix for more information*

6. Sports Medicine

Athletic training services will be provided to students through a certified Athletic Trainer who will be available on a regular basis at JVHS in the Athletic Trainer's Office, located on the westside pool entrance. Post-injury lab hours should be set between the athlete and the athletic trainer.

Student-athletes are expected to notify a certified athletic trainer and/or coach about all injuries immediately and are further required to adhere to a prescribed rehabilitation treatment program for the management of injuries.

7. Social Media and Online Conduct

Maintain a **positive and respectful online presence**. Understand that your actions and words on social media platforms represent not only yourself but also the school and the athletic program. Refrain from posting any content that could harm the **reputation** of the school, teammates, or opponents. Cyberbullying and online harassment **will not be tolerated**, and any such behavior may result in disciplinary action. Emphasize the importance of using social media responsibly and constructively to promote a positive team culture and uphold the **values of the school**.

8. Transportation

Students will be transported to and from all away athletic contests by school-authorized vehicles. Parents may get prior approval to transport their own child home if there are extenuating circumstances. Forms are available in the Main Office and must be dropped off at the Main Office **24 hours before the event**.

9. Issuing of Team uniforms and Equipment

It is the responsibility of the athlete to return back to the coach all clothing and equipment issued. Failure to do so will result in an athlete paying for the missing articles. Athletes not paying for the missing articles will forfeit their right to receive any school equipment or clothing in the next sports season, be ineligible for any certification pin or letter and have their transcripts held until payment is received.

1<u>0. Lockers</u>

If applicable, each student is encouraged to make sure that the locker is kept securely locked at all times and to share the combination with no other student. The school and district are NOT responsible for lost or stolen items left in lockers. The athletic team room lockers are for athletic practices and are cleaned out promptly at the end of each season.

<u>11. Athletic Awards</u>

General Requirements For All Awards: To be eligible for an athletic award, a student-athlete must complete the season, although the coach may make exceptions (pending approval by the Athletic Director) in unusual cases. Letter awards will be made only upon the recommendation of the JVHS Athletics Department. All letters have to be earned, they are not for general purchase.

<u>White Letter/Emblem</u>- Academic - To earn: 3 semesters of 3.5 or better GPA - First time earned, the student earns a Letter and an Emblem. Bars are for each additional semester of 3.5 or better GPA. CareerCenter is in charge of this letter.

<u>NavyLetter/Emblem(s)</u> – Club(s) – The club advisor determines criteria for these letters/bars/emblems.

<u>GrayLetter/Emblem(s)</u> – Sports – Have to be on a Varsity Team for a year to earn. In the first year, the Athlete earns a letter and an Emblem. A Bar is earned for each additional year. For sports, there are additional emblems to earn, such as Captain's Stars, Stats, etc.

12. Physical and Verbal Altercations

Physical or verbal altercations, on or off the field, will result in severe consequences. Our school prioritizes conflict resolution and teaches student-athletes techniques to resolve disagreements peacefully and respectfully. Recognize that engaging in altercations not only jeopardizes your standing in the team but also damages the school's reputation. Athletes are expected to handle challenging situations with maturity and seek assistance from coaches or school administrators when necessary. The focus should always be on building a strong and supportive team environment that fosters growth and camaraderie. *See Parent Handbook for more information*

13. Communication of Concerns

To address concerns, arrange a meeting with the coach outside of practice time to address an issue regarding athletic concerns. It is recommended to wait 24 hours to allow for cooling down. Do not approach a Coach or Staff member during practice time or directly afterward if more time is needed. If necessary, call to arrange a meeting, 951-360-2600.

Have your players advocate for themselves first. This helps them learn how to communicate effectively with authority figures and others.

Contact your player's head coach first, then the athletic director if necessary, then the appropriate administrator that oversees athletics if necessary, then the principal if necessary.

14. Parents/Guardians/Family

Parents and guardians play a vital role in supporting student-athletes in their academic and athletic pursuits. Our school encourages parents to engage positively in their child's sports experience, attend games and events, and communicate openly with coaches.

We want you to enjoy watching your child participate and ask that you encourage all studentathletes on the team. Review and discuss our policy with your child. We expect you to follow the Principles of the JVHS Athletics Program while in attendance at school programs.

Parents and Spectators are expected to not disrupt practices, games, or events or interfere with the work of JVHS staff assisting with practice or supervision during practice, games, or events. Do not communicate with the referees before, during, or after games as they are there are impartial third parties

15. Spectator Code of Conduct

Jurupa Valley High School spectators represent our community, our school, and our team.

The spectator must recognize that the purpose of co-curricular activities is to promote physical, mental, moral, social, and emotional well-being of participants.

1. It is important that every spectator be an exemplary role model and maintain the highest standard of conduct at all times.

2. Enthusiastic cheering for one's own team is encouraged. Protect the integrity of the game and encourage your team regardless of their play.

3. Respect officials, visiting coaches, players, and cheerleaders as guests in our Jaguar Community and extend all courtesies to them. Booing, whistling, and disrespectful remarks are prohibited.

4. Allow athletes to compete honestly; encourage sportsmanlike conduct.

5. There will be no ringing of bells, sounds of horns, or other noisemakers at indoor contests during play.

6. The throwing of debris, confetti, or other objects from the stands is prohibited.

- 7. No smoking, drinking, or drugs on campus.
- 8. Spectators will respect and comply with all school rules, officials, and supervisors onsite.

Be Positive, Be Supportive, and Enjoy the Game

Improper behavior should be reported to the school supervisors and administration. Anyone who does not abide by these rules will be asked to leave the premises.

Any violation of this code of conduct will be thoroughly investigated. The school's athletic department and Student Management Department take all code violations seriously and will apply disciplinary actions based on the severity and frequency of the offense. The purpose of these consequences is not only to enforce compliance but also to promote personal growth, accountability, and positive behavioral changes.

APPENDIX

ATHLETIC CODE OF CONDUCT

1. Sportsmanship and Respect

Excerpts from the CIF Constitution -A Member of The

National Federation of State High School Associations

The CIF Operating Principles are the 16 principles of Pursuing Victory With Honor program as follows

A. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: **trustworthiness, respect, responsibility, fairness, caring and good citizenship**. The highest potential of sports is achieved when competition reflects these six pillars of character.

H. School boards, superintendents, school administrators, parents and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.

K. Everyone involved in competition including parents, spectators, associated student body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with **respect**. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes **refrain from disrespectful conduct including verbal abuse** of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.

To safeguard the health of athletes and the integrity of the sport, school sports programs must actively prohibit the use of alcohol, tobacco, drugs and performance enhancing substances, as well as demand compliance with all laws and regulations including those related to gambling and the use of drugs.

14. NON-DISCRIMINATION POLICY

It is the policy of the CIF **not to discriminate on the basis of disability, sex, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation** in its athletic programs and related activities, in the employment of personnel, or in the selection of delegates to the Federated Council, committee members, officers or other such positions.

CIF Code of Ethics

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social, and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, it is my responsibility to

Place academic achievement as the highest priority.

Show respect for teammates, opponents, officials, and coaches.

Respect the integrity and judgment of game officials.

Exhibit fair play, **sportsmanship**, and proper conduct on and off the playing field.

Maintain a high level of safety awareness.

Refrain from the use of profanity, vulgarity, and other offensive language and gestures.

Adhere to the established rules and standards of the game to be played.

Respect all equipment and use it safely and appropriately.

Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids, or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.

Know and follow all state, section, and school athletic rules and regulations as they pertain to eligibility and sports participation.

Win with character, lose with dignity.

CIF Athletes' Bill of Rights

- The right to fair and equitable treatment and freedom from sex discrimination. The right to be provided with an **equitable opportunity to participate in all academic extracurricular activities.**
- The right to inquire about athletic opportunities at the school.
- The right to apply for athletic scholarships.
- The right to receive equitable treatment and benefits in the provision of athletic equipment, services and facilities.
- The right to have access information on gender equity laws from the StateDept. of Education and the California Interscholastic Federation
- The right to file a discrimination complaint if discriminated against.
- The right to pursue civil remedies if discriminated against .
- The right to be protected from retaliation if a discrimination complaint is filed

JVHS Parent Student Handbook Excerpts

DISCRIMINATORY LANGUAGE

As part of our commitment to fostering a supportive and inclusive school climate, students are encouraged to use **inclusive language and refrain from discriminatory speech**. This includes but is not limited to discriminatory writing, texting and images. To prevent and respond to hate violence, racism, and bias-related incidents, JVHS staff and students will participate in educational opportunities to **promote tolerance, acceptance and sensitivity**. All pupils have the right to participate fully in the educational process, free from discrimination and harassment. Students who violate this policy will receive disciplinary actions. Please see Educational Equity

Ed Code 200-201

200. It is the policy of the State of California to **afford all persons in public schools**, regardless of their disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sexual orientation, or any other characteristic that is contained in the definition of hate crimes set forth in Section 422.55 of the Penal Code, including immigration status, equal rights, and opportunities in the educational institutions of the state. The purpose of this chapter is to prohibit acts that are contrary to that policy and to provide remedies therefor

201. (a) **All pupils have the right** to participate fully in the educational process, free from discrimination and harassment.

(b) California's public schools have an affirmative obligation to **combat racism, sexism, and other forms of bias**, and a responsibility to provide equal educational opportunity.

(c) Harassment on school grounds directed at an individual on the basis of personal characteristics or status creates a hostile environment and jeopardizes equal educational opportunity as guaranteed by the California Constitution and the United States Constitution.

Ed Code 200-241 for the full text.

JUSD Board Policy Excerpt

The Board of Education deems many of the **extracurricular activities** to be worthy for students but **does not require them of students**. These activities are voluntary on the part of students and a signed participation form is necessary before participation. No penalty other than nonparticipation will be assessed if the participation Form is not signed.

2. Inclusion and Equity

Defined Terms

<u>Bigotry</u>: An unreasonable or irrational attachment to negative stereotypes and prejudices.

<u>Bullying:</u> The terms bullying and victimization are used to describe a situation during which students use indented, unprovoked, continuous and repeated violence and aggressive behavior in order to intimidate, oppress and inflict physical and emotional pain to their peers, inside or outside the school environment. Bullying and violence may be physical, verbal, psychological or social. There is also another form of bullying, called cyber bullying which is expressed through the use of new technologies and social media.

Bullying usually manifests through:

- Gestures, shoving, beatings
- Verbal assault, swearing, insults, threats, defamation
- Destruction of personal items, thefts
- Sexual harassment and abuse
- Exclusion and isolation from groups, team games and social activities

<u>Discrimination</u>: The denial of justice and fair treatment by both individuals and institution in many arenas, including employment, education, housing, banking and political rights. Discrimination is an action that can follow prejudicial thinking.

<u>Hate Speech and Symbols:</u> Speech or symbols that incite attacks or threatens a group on the basis of national origin, ethnicity, color, religion, gender, gender identity, sexual orientation or disability.

<u>Prejudice:</u> Prejudging or making a decision about a person or group of people without sufficient knowledge. Prejudicial thinking is frequently based on stereotypes.

<u>Racism:</u> Prejudice, discrimination, or antagonism directed against a person or people on the basis of their membership of a particular racial or ethnic group, typically one that is a minority or marginalized. Racism affects every single one of us, whether we recognize it or not.

Personally mediated racism lives in individual people as the devaluation and dehumanization of others based on race. It is usually the most recognizable kind of racism, existing in the form of stereotypes, bias, and selective exposure. Internalized racism is the acceptance of racist attitudes by members of a stigmatized race and the adoption of negative messages about their own abilities and values as a person. Institutional/Systemic racism means that social and political institutions provide unequal opportunity to people based on their race.

<u>Racist Incident:</u> Any incident that may be perceived as racist by the victim or another individual. It holds a wider meaning to that of misconduct or a crime since a racist incident may include a behavior that if it wasn't linked to a specific characteristic of a person it would not be considered as a criminal action.Racist incidents usually result in the exclusion, marginalization or discrimination against other people or groups of people because of their specific traits.

<u>Stereotype:</u> The overgeneralized, evaluative, simplified, extravagant perception/representation of a group of people, to justify our attitudes towards them, e.g. are not normal people. Stereotypes create wrongful positive or negative expectations of people who belong to a specific group

3. Academic Eligibility

CIF BLUEBook Excerpt

205. SCHOLASTIC ELIGIBILITY

A. Initial Scholastic Eligibility

In order to be eligible, any student entering from the 8th grade into a CIF four-year high school, a junior high or a junior high under the provisions of Bylaw 303, must have achieved an unweighted 2.0 grade-point average on a 4.0 scale in enrolled courses at the conclusion of the previous grading period.

Question: What is the definition of an unweighted grade-point average?

Answer: An unweighted grade-point average is one where no additional grade points are awarded for any courses (advanced placement, honors, etc.)

Question: Are all courses considered equal in the calculation of a grade-point average?

Answer: No. An A grade in a one-credit class would not be considered equal to an A grade in a five (5)-credit class

(1) Probationary Period

The governing board of each school district, private school, or parochial school may adopt, as part of its policy, provisions that would allow a student who does not achieve the above requirement in the previous grading period to remain eligible to participate in interscholastic athletics during a probationary period. The probationary period shall not exceed one semester in length, but may be for a shorter period of time, as determined by the governing board of the school district, private school, or parochial school. A student who does not meet the above requirements during the probationary period shall not be allowed to participate in interscholastic athletics in the subsequent grading period. For the purpose of determining the maximum length of a semester, the measure shall be the maximum number of days comprising a semester as used in that school during the year in question.

QUESTION:	What is the eligibility status of a student who repeats the ninth grade in a four year or in a junior high school due to failing grades, to raise low grades, or because the parents feel that the student is socially immature?
ANSWER:	If a student repeats the ninth grade, the student will have used up two semesters of opportunity for competition. The student is only permitted 8 semesters of competition so the student would therefore be ineligible during the senior year of high school. A transfer student is not eligible for academic probation at the new school upon transfer.
QUESTION:	What is the eligibility status of a transfer student who does not earn a 2.0 GPA in the most recent regular grading period prior to their transfer?
ANSWER:	The student is academically ineligible until they complete a regular grading period at their new school with a minimum 2.0 GPA and all other CIF eligibility requirements are met.

NOTE: This applies to Valid Change of Residence, Transfer and Hardship students.

B. Continuing Scholastic Eligibility

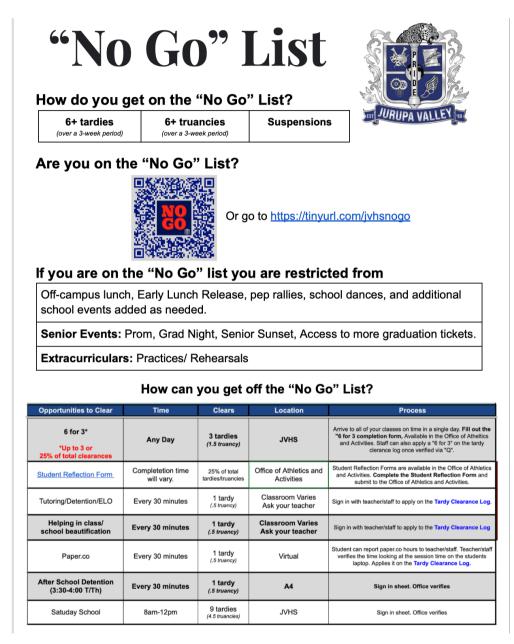
(1) Minimum Requirements

A student is scholastically eligible if:

- a. The student achieved an unweighted 2.0 grade-point average, on a 4.0 scale, in enrolled courses at the conclusion of the previous grading period. (See Q&A below in 205.B.(1)e.)
- b. The student is currently enrolled in at least 20 semester credits of work;
 - (i) Non-Traditional Programs In schools where other than traditional semester programs are offered, the principal of each individual school shall be responsible for determining the equivalent of 20 semester credits of work.
 - (ii) Accelerated Programs Students studying on an accelerated program that includes one (1) or more advanced (either high school or college) courses while enrolled in high school may substitute enrollment and passing grades in these courses for one (1) or more required 20 semester credits of work; evaluation of these courses is to be done by the high school principal.
- c. The student was passing in the equivalent of at least 20 semester credits of work at the completion of the most recent grading period;
- d. The student is maintaining minimum progress toward meeting the high school graduation requirements as prescribed by the governing board;
- e. The student has maintained during the previous grading period a minimum unweighted 2.0 gradepoint average, on a 4.0 scale, in all enrolled courses.

4. Attendance

JVHS "No Go" Information



5. Drug, Alcohol, and illegal substances

Parent Handbook

TOBACCO AND DRUG-FREE SCHOOLS

Board Policy 3513.3; Drug-Free school and Communities Act Amendment of 1989; Controlled Substances Act; 202 schedules I-V, 21 U.S.C., 812; 21 CFR 1300.1-1300.15; EC 44011, 44065, 44425, 44836, 44940, 44940.5, 45123, 45304; Government Code 8350-8357, Health and Safety Code 104495

Health and Safety Code 104495 prohibits smoking a cigarette, cigar, or other tobacco-related product and disposal of cigarette butts, cigar butts, or any other tobacco-related waste within 25 feet of any playground or tot lot sandbox area. Any person who violates this section is guilty of an infraction and shall be punished by a fine of two hundred fifty dollars (\$250.00) for each violation of this section. The prohibitions do not apply to private property or a public sidewalk located within 25 feet of a playground or a tot lot sandbox area. Parents or community members using tobacco products on school or district property will be asked to refrain from such use or to leave the property. Persistent disregard for these policies will result in a referral to law enforcement.

12. Physical and Verbal Altercations

Parent Handbook

Grounds for Suspension and Expulsion - EC 48900, 48915

A pupil shall not be suspended from school or recommended for expulsion, unless the superintendent or the principal of the school in which the pupil is enrolled determines that the pupil has committed one or more of the following acts:

40000 (a)(1) Coursed attempted to course or threatened to course physical injury to another person

Agreement to the Principles of the JVHS Athletics Program

This document serves as a commitment to uphold the highest standards of sportsmanship, integrity, and dedication to both academics and athletics. I understand and agree with the information listed above and understand the need to exercise good judgment and conduct myself with honesty, integrity, and respect for others at all times. Before a student is permitted to participate on an athletic team, both the student and parent must sign and return it to either their coach or the Athletic Director.

Failure to abide by these expectations may result in additional consequences.

Provide a signature signifying that you have reviewed the Principles of the JVHS Athletics Program, and acknowledge and agree to the guidelines and standards contained herein.

Student-Athlete Name	Signature	Date
Parent Name	Signature	Date
	-	

Team Sport